

## Seido Karate Fairfield

## Class Timetable



**JOE'S BOXING CLUB  
SYDNEY**



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SYDNEY**

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### Monday

**7.30pm-8.15pm**

**Boxing**

**Adult**

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### Tuesday

**6.15pm-6.45pm  
6.45pm-7.30pm**

**Pilates  
Boxing**

**Adult  
Adult**

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### Wednesday

**7.30pm-8.15pm**

**Boxing**

**Adult**

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### Thursday

**7:00pm-7.45pm**

**Boxing**

**Adult**

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### Friday

**2.00pm-2.45pm**

**Boxing**

**Adult**

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### Saturday

**10.30am-11.15am**

**Boxing**

**Adult**

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